

Boathouse Allergen Policy

















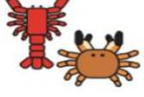











We are aware of the serious health risk to people with allergies



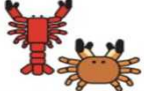









Please find attached a list from our Head Chef of all dishes served
and their allergen content





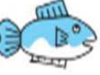









Once alerted to an allergy by a customer;















we will do our best to ensure your food/drink is allergen free



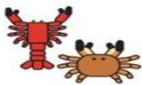











– however due to the presence of gluten, nuts and other allergens on the premises we cannot categorically state that our products are 100% free of these ingredients as with all food establishments there is always the possibility of cross-contamination at some point in the food chain

DISHES														
<u>Mains</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Cod		X			X			X					X	
Curry	X	X	X	X									X	
Lamb Cutlet		X											X	
Chicken Skewer		X					X							X
Fish and Chips				X	X								X	X
Ribs	X	X					X						X	
Moules							X	X					X	X
Poke Bowl					X		X						X	
Fillet Steak													X	
Ribeye Steak													X	
														



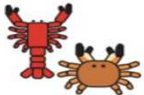











<u>Burgers & Salads</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Beef Burger		X		X			X		X				X	X
Vegan Burger		X		X									X	X
Chicken Ceaser				X	X		X						X	X
DISHES														
Pizzas	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide

Margherita		X					X							
Leon		X					X							X
Hawaii		X					X							
New orlean		X					X							
London		X					X						X	X
Beijing		X					X							
Rome		X					X							
Valencia		X			X		X							
DISHES														
<u>Sides</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide

Fries													X	
Sweet Potato Fries													X	
Zuchinni frites													X	
Aspen Fries				X			X						X	
Brocoli											X	X	X	x
Mix herb Salad														
Bread Board		X												
Parmentier Potatoes							X						X	
Pickled Walnut Salad		X					X							
DISHES														
Ciabattas	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide

Chicken and Chorizo		X					X						X	
Tuna		X		X	X		X						X	
Steak		X		X			X						X	
Bacon and Brie		X					X						X	
Halloumi		X					X						X	X
DISHES														
<u>Desserts</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide

Pavlova				X			X			X				
Brownie				X			X							
Brulee				X			X							
Sticky toffee pudding		X		X			X							
Cheese Board		X		X										X

DISHES														
Kids	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide

Cruïdtes & Hummous							X					X	X	
margherita Pepperoni		X					X							
Margherita		X					X							
Fish & Chips					X				X				X	X
Kids Bolognese	X	X											X	
Cheesy Pasta		X					X							
chicken Goujans & fries	X												X	
Kids sausage & fries		X											X	
Cheese Burger & fries				X			X						X	