Boathouse Allergen Policy

We are aware of the serious health risk to people with allergies Please find attached a list from our Head Chef of all dishes served and their allergen content

Once alerted to an allergy by a customer;

we will do our best to ensure your food/drink is allergen free

– however due to the presence of gluten, nuts and other allergens on the premises we cannot categorically state that our products are 100% free of these ingredients as with all food establishments there is always the possibility of cross-contamination at some point in the food chain **BOATHOUSE ALLERGEN SHEETS: April 2024 MENU**

DISHES						Jupin Flour	Milk		MUSTARD			DEAME OF		WINE
<u>Breakfast</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Avocado + Toast		Х		Х										Х
Salmon on Sourdough		Х		X	X		Χ							
Pancakes		Х		Х			Χ							
Pancakes yoghurt		Х					Х							
Granola		Х					Χ			X				
Vegitarian Bap		Х					Х							Х
Benedict		Х		Х			Х							Х
Breakfast Bap		Х		Х										
Full English		Х		Х										
Vegitarian Full English		Х												Х

	***					Appin (Flour	Milk		AMJSTARD					Wike
<u>Sharers/</u> <u>Starters</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Meze Platter		Χ											Χ	Χ
Thai Platter		X	X								X	X	X	Χ
Duck Salad		Χ										X	Χ	Χ
Gambas Pil Pil		Χ	Χ											
Scallops							Х	Х						
Edamame beans												Χ	Χ	
Tomato/Feta salad							X							X
Calamari				Χ				Χ						
Cured Salmon					Χ		Χ							
Pork Bites												Χ	Χ	Χ
Ravioli		Х		Χ		Χ								

DISHES		No.					Milk		(1118177)					Wife
Nibbles	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Olives														
Bread Board		Χ												
Edamame beans												X	X	
Crackling														
Arancini		Х		Х			Х						Х	

DISHES	**						Milk		1111111					Wive
<u>Starters</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Calamari				Χ			Χ	Χ	Χ				Χ	Χ
mackeral Pate		Χ			Х		Х						Χ	Х
Mushroom Arancini		Χ		X			X						Χ	X
Crispy Pork Belly													X	
Pasta of the week		X		X									X	
Scallops							X	Х					Х	
Burrata		Х											Х	
Gambas Pil Pil		Х	Х										Х	

DISHES	*						Milk			2		and the second s		WINE
Mains	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Cod		X			X			X					Χ	
Curry	X	Х	Χ	X									Х	
Lamb Cutlet		X											X	
Chicken Skewer		X					X							Χ
Fish and Chips				X	Χ								Χ	Χ
Ribs	X	X					X						Χ	
Moules							Χ	X					Χ	Χ
Poke Bowl					X		Χ						Χ	
Fillet Steak													Χ	
Ribeye Steak													X	
	**	X.					Milk		111199199	2				WINE

Burgers & Salads	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Beef Burger		Х		Χ			Χ		Χ				Χ	Х
Vegan Burger		Х		Х									Х	Х
Chicken Ceaser				X	X		X						X	X
DISHES							Wilk		MUSTARD					WINE
Pizzas	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide

Margherita		X					Х							
Leon		Х					Х							Х
Hawaii		Х					Х							
New orlean		Х					Х							
London		Х					Х						Х	Χ
Beijing		Х					Х							
Rome		Х					Х							
Valencia		Х			Х		Х							
DISHES	***						Milk		[AMJSTARD]	2				WINE
<u>Sides</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide

Fries													Х	
Sweet Potato Fries													Х	
Zuchinni frites													X	
Aspen Fries				Χ			Χ						Χ	
Brocoli												Х	Χ	Х
Mix herb Salad														
Bread Board		Х												
Parmentier Potatoes							Χ						Χ	
Pickled Walnut Salad		Х					Х							
DISHES	*		T.				Milk		(MALISTARD)					WINE
Ciabattas	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide

Chicken and Chorizo		Х					Х						Х	
Tuna		Х		Х	X		X						Χ	
Steak		Х		X			X						X	
Bacon and Brie		x					X						Χ	
Halloumi		Х					X						Χ	X
DISHES							wilk		MUSTARD					WINE
<u>Desserts</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide

Pavlova		Х		Х		Х		
Brownie		X		X				
Brulee		Х		X				
Sticky toffee pudding	Х	Х		Х				
Cheese Board	X	X						Х

DISHES						1	Milk		MUSTARD					WNE
Kids	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide

Cruidtes & Hummous					X			Х	Х	
margherita Pepperoni		Х			Х					
Margherita		Х			Х					
Fish & Chips				Х		Х			Х	Х
Kids Bolognese	X	X							X	
Cheesy Pasta		X			X					
chicken Goujans & fries	Х								Х	
Kids sausage & fries		Х							Х	
Cheese Burger & fries			Х		Х				Х	