

Boathouse Allergen Policy

We are aware of the serious health risk to people with allergies

Please find attached a list from our Head Chef of all dishes served
and their allergen content

Once alerted to an allergy by a customer;

we will do our best to ensure your food/drink is allergen free

– however due to the presence of gluten, nuts and other allergens on the
premises we cannot categorically state that our products are 100% free
of these ingredients as with all food establishments there is always
the possibility of cross-contamination at some point in the food chain

BOATHOUSE ALLERGEN SHEETS: May 2022 MENU
















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DISHES																
Mains	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	
Harissa Skewer		X					X						X	X		
Grill Cheese Burger		X		X			X						X	X		
Thai Red Curry																
Lamb Cutlets													X	X		
Cod Fillet					X		X						X			
Fish & Chips				X	X								X	X		
Chicken ceaser				X	X		X		X				X	X		
Baby Back Ribs									X				X	X		
Moules Mariniere							X	X					X	X		
poke bowl																
vegan burger													X	X		
IOW Lobster			X				X						X			

fillet / ribeye steak							X		X				X			
DISHES																
Pizza	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	
Margherita		X					X									
lyon		X					X									
New Orleans		X					X									
Hawaii		X					X									
London		X					X							X		
Beijing		X					X							X		
Rome		X					X									
Valencia		X			X		X									
Calzone		X					X									
Chicken Ciabatta		X					X						X			
Tuna Melt		X			X		X						X	X		

Halloumi Ciabatta		X					X						X	X		
Lobster Roll		X	X				X						X			
DISHES																
<u>Sides</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Lemon
Fries													X			
Zucchini Fries							X						X			
Tenderstem broccoli												X	X	X		
Mash Potatoes							X									
Aspen Fries							X						X			
Sweet Potato Fries													X			
Bread Board		X												X		
Parmentier Potatoes							X						X			
Mixed Salad									X					X		
IOW Tomatoe Salad									X					X		

Walnut Salad		X					X		X					X		
DISHES																
<u>Kids</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
Crudites												X	X			
Margherita		X					X									
Margherita with ham		X					X									
Margherita with pepperoni		X					X									
Sausage and chips													X			
Cheeseburger		X					X						X			
Fish and chips													X			
Bolognese pasta		X					X						X	X		
Cheese Pasta		X					X									
Chicken goujons		X											X			

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