Boathouse Allergen Policy

- We are aware of the serious health risk to people with allergies
- Please find attached a list from our Head Chef of all dishes served
- and their allergen content
- Once alerted to an allergy by a customer;
- we will do our best to ensure your food/drink is allergen free
- however due to the presence of gluten, nuts and other allergens on the premises we cannot categorically state that our products are 100% free of these ingredients as with all food establishments there is always the possibility of cross-contamination at some point in the food chain

BOATHOUS	E A		ER	RG	EN	I S	H	EE.	TS	: 2	02	5			~	Lec.
DISHES		X	¥						- 10 11		- <u>}</u>					
APPETISERS	Celery	Cereals contain ing gluten	Crusta ceans	Eggs	Fish	Lupin	Milk	Mollus cs	Must ard	Nuts	Peanu ts	Sesam e seeds	Soya	Sulphur dioxide	Garlic	Onior
OLIVES																
EDAMAME												X	Χ	X	Χ	
CHORIZO ARANCINI		X		X			Χ						Χ	X	Χ	X
ANCHOVIES					X								Χ	X		
CIABATTAS																
CHICKEN/ CHORIZO		X					Χ						Χ		Χ	
HALLOUMI		X					Χ						Χ	X	Х	X
PROSCUITTO/ SALAMI		X					Χ		Χ				Χ		Х	
BACON/ CAMEMBERT		X					Χ						Χ	X		X
TUNA MELT		X		X	X		Χ						Х			
OBSTER & CRAYFISH	 	X	X				Χ		X				Χ	X	Х	X

DISHES		A Start	Y					4								1
<u>Sides</u>	Celery	Cereals contain ing gluten		Eggs	Fish	Lupin	Milk	Mollus cs	Must ard	Nuts	Peanu ts	Sesam e seeds	Soya	Sulphur dioxide	Garlic	Onion
FRIES													Х			
SWEET POT FRIES													Х		Χ	x
BROCCOLLI												Χ	X	X	Χ	X
CREAMY MASH							x									
BREAD BOARD		X										Х	Χ	X		
TOMATO SALAD									Χ				Χ	X	Х	X
PARMENTIER POTATOES							X						Χ		Х	
BEETROOT & ORANGE SALAD																
WALNUT & STILTON SALAD		X					x		x	Х			Х	x	Х	x
MIXED SALAD									X				Χ	X	Χ	X

DISHES		A.	Y					4	1 10 17			\$ <u>\$</u>		######	1
<u>PIZZA</u>	Celery	Cereals contain ing gluten		Eggs	Fish	Lupin	Milk	Mollus cs	Must ard	Nuts	Sesam e seeds	Soya	Sulphur dioxide	Garlic	Onion
MARGHERITA		X					X							X	X
LYON		X					X					Χ	X	X	X
ANDRATX		X					Χ					Χ		X	X
ATHENS		Χ					X						X	X	X
LONDON		X					Χ					Χ	X	X	X
BEIJING		Χ					X					Χ	X	X	X
ROME		X					X						X	X	X
VALENCIA		X			Χ		Χ					Χ		Χ	X
VEGAN CHEESE												Χ			

DISHES		A.	¥.					40			-				6	1
<u>KIDS</u>	Celery	Cereals contain ing gluten	Crusta ceans	Eggs	Fish	Lupin	Milk	Mollus cs	Must ard	Nuts		Sesam e seeds	Sova	Sulphur dioxide	Garlic	Onion
FISH & CHIPS		X			X								Χ	X		
SPAGHETI BOLOGNESE	X	X		X			Χ						Χ	X	Х	X
CHEEST PASTA		X		X			Χ									
MARGHERITA		X					X								Х	X
CHEESEBURGER		X					Χ						Х		Х	x
CHICKEN GOUJONS	Х	X		X			Χ						Χ		Χ	X
SAUSAGE & CHIPS	Χ	X					Χ						Χ		Χ	X

DISHES		X	¥						MUSTAND					6	6
MAINS	Celery	Cereals contain ing gluten	Crusta ceans	Eggs	Fish	Lupin	Milk	Mollus cs	Must ard	Nuts	Sesam e seeds	Soya	Sulphur dioxide	Garlic	Onion
CHICKEN SKEWER		X					Χ					Χ		Х	X
GRILL BURGER		X		Χ			Χ		X			Χ	X	Х	X
HEMP BURGER		X										Χ	X	Х	X
FISH CURRY			X		X			X				Χ	X	Х	X
LAMB CUTLET		X									Х	Χ	X	Х	X
HALIBUT					X		Χ					Χ		Х	X
FISH & CHIPS		X		X	X							Χ	X		
CHICKEN CAESAR				Χ	X		Χ					Χ	X	Х	
+anchovies				Χ	X		Χ					Χ	X	Х	
BBQ RIBS				Χ	X				Χ			Χ	X	Х	X
FISHCAKE	Х	X			X		Χ							Х	X
LINGUINE		X	X	Х	X		Χ					Χ	X	Х	X

DISHES	*	No.	¥.			-		Ş	MUSTAD	Se la compañía de la comp	-				6	6
MAINS	Celery	Cereals contain ing gluten		Eggs	Fish	Lupin	Milk	Mollus cs	Must ard	Nuts	Peanu ts	Sesam e seeds	Soya	Sulphur dioxide	Garlic	Onion
SIRLOIN STEAK							Χ						X		Χ	X
FILLET STEAK							Χ						X		Χ	X
+peppercorn							Χ						X	X	Χ	X
+bluecheese							Χ						X	X	Χ	X
DUCK SALAD		X										X	X	X	Χ	X
ASPARAGUS RAVIOLI		X		Χ			X						X		Χ	X
TUNA POKE		X			X							X	X	X	Χ	X
VEGAN POKE		X										X	X	X	Χ	X
MOULES							Χ	Χ					X	X	Χ	X

DISHES		X	¥						MUSTAD	Se la compañía de la comp	-					5
SMALL PLATES	Celery	Cereals contain ing gluten	Crusta ceans	Eggs	Fish	Lupin	Milk	Mollus cs	Must ard	Nuts		Sesam e seeds	Soya	Sulphur dioxide	Garlic	Onion
CALAMARI		X		X			X	X					Х		Х	
GYOZAS		X	X	Χ	X								Χ	X	Х	
PORK BITES		X										Χ	Χ	X	Χ	X
ASPARAGUS RAVIOLI		X		Χ			Χ						Χ			
SCALLOPS							X	Χ					Χ		Х	X
DUCK SALAD	X											X	Χ	X	Χ	X
GAMBAS PIL			X										X	X	Х	
Τυνα τατακι		X			X				X			Χ	Χ	X		
MEZE PLATTER		X					Χ						Χ	X	Χ	X
THAI PLATTER		X	X							Χ	Χ	Χ	Χ	X	Χ	X

DISHES	*	A.	¥					1		St.		e constantes and the constantes		6	6
BREAKFAST	Celery	Cereals contain ing	Crusta	Eggs	Fish	Lupin	Milk	Mollus cs	Must ard	Nuts	Sesam e seeds	Sova	Sulphur dioxide	Garlic	Onion
AVOCADO ON TOAST		x					Х			Х		Х	X		
+eggs		X		X			X			X		X	X		
SALMON ON SOURDOUGH		X		Х	X		Х				x	X	x		
ΡΑΝϹΑΚΕ ΝΥϹ		X		Χ			Χ					Х			
BENEDICT		X		X			X					Χ	X		
ROYALE		X		Χ	Χ		Χ					Χ	Χ		
FULL ENGLISH		X		Χ			Χ					X	X	Χ	X
GRANOLA BOWL		X					Χ			Χ					
BREAKFAST BAP		X		Χ			Χ					X	X	Χ	X
VEGAN FULL ENGLISH		X										X		Х	X
STEAK & EGGS				Χ								X			

FISHCAKE	X	X	X		X		Χ						Χ	X	Χ	X
DISHES	-	X	¥			- 10				×	-		s je		\wedge	*
DESSERTS	Celery	Cereals contain ing	ICrusta	Clintre	Fish	Lupin	Milk	Mollus cs	Must ard	Nuts	Peanu ts	Sesam e seeds	Soya	Sulphur dioxide	Garlic	Onior
PAVLOVA				X			Χ			Χ						
CHOCOLATE BROWIE				X			Х									
VEGAN BROWNIE										Χ	X					
TIRIMASU		X					Χ						Χ			
STICKY TOFFEE		X		X			Χ									
CHEESEBOARD	X	X					Χ			Χ				X	Х	X
BURNT CHEESECAKE		X		X			Χ									
TOASTED TEACAKE	X	X					Χ									
SCONE	X	X					Χ									
AFFOGATO				X			Χ			Х	X					
	•		[Mov	emp	oick i	cecr	eam			• 	•		•		
VANILLA				X			Χ									
CHOCOLATE				X			Χ									

STRAWBERRY		Χ		X						
PISTACIO		X		X		X	Х			
CARAMEL & CHOC		X		X						
VEGAN VANILLA										
RASPBERRY SORBET										

DISHES	" //	No.	¥.					-	MUSTURO		~}~		e los			6
<u>BRUNCH</u>		Cereals contain ing gluten		Eggs	Fish	Lupin	Milk	Mollus cs	Must ard	Nuts		Sesam e seeds	Soya	Sulphur dioxide	Garlic	Onion
OMELETTE				Х			X						X			X
LOBSTER & SOURDOUGH		X	X	Х									Х	X		
EGGS ON TOAST		X		Χ			Χ						Χ	X		