

Boathouse Allergen Policy

We are aware of the serious health risk to people with allergies

Please find attached a list from our Head Chef of all dishes served
and their allergen content



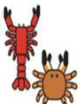













Once alerted to an allergy by a customer;
















we will do our best to ensure your food/drink is allergen free



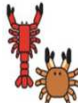













– however due to the presence of gluten, nuts and other allergens on the
premises we cannot categorically state that our products are 100% free
of these ingredients as with all food establishments there is always
the possibility of cross-contamination at some point in the food chain



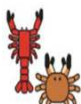













BOATHOUSE ALLERGEN SHEETS: 2025

















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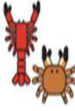













DISHES																
<u>Sides</u>	Celery	Cereals contain gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
FRIES													X			
SWEET POT FRIES													X		X	X
BROCCOLLI												X	X	X	X	X
CREAMY MASH							X									
BREAD BOARD		X										X	X	X		
TOMATO SALAD									X				X	X	X	X
PARMENTIER POTATOES							X						X		X	
BEETROOT & ORANGE SALAD																
WALNUT & STILTON SALAD		X					X		X	X			X	X	X	X
MIXED SALAD									X				X	X	X	X

DISHES															#####	
<u>PIZZA</u>	Celery	Cereals contain ing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
MARGHERITA		X					X								X	X
LYON		X					X						X	X	X	X
ANDRATX		X					X						X		X	X
ATHENS		X					X							X	X	X
LONDON		X					X						X	X	X	X
BEIJING		X					X						X	X	X	X
ROME		X					X							X	X	X
VALENCIA		X			X		X						X		X	X
VEGAN CHEESE													X			

















DISHES																
<u>KIDS</u>	Celery	Cereals contain ing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
FISH & CHIPS		X			X								X	X		
SPAGHETTI BOLOGNESE	X	X		X			X						X	X	X	X
CHEEST PASTA		X		X			X									
MARGHERITA		X					X								X	X
CHEESEBURGER		X					X						X		X	x
CHICKEN GOUJONS	X	X		X			X						X		X	X
SAUSAGE & CHIPS	X	X					X						X		X	X

DISHES																
<u>MAINS</u>	Celery	Cereals contain ing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
SIRLOIN STEAK							X						X		X	X
FILLET STEAK							X						X		X	X
+peppercorn							X						X	X	X	X
+bluecheese							X						X	X	X	X
DUCK SALAD		X										X	X	X	X	X
ASPARAGUS RAVIOLI		X		X			X						X		X	X
TUNA POKE		X			X							X	X	X	X	X
VEGAN POKE		X										X	X	X	X	X
MOULES							X	X					X	X	X	X
CRAB LINGUINE		X	X		X		X	X					X	X	X	X
+ half lobster			X				X						X		X	X

DISHES																
<u>SMALL PLATES</u>	Celery	Cereals contain ing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
CALAMARI		X		X			X	X					X		X	
GYOZAS		X	X	X	X								X	X	X	
PORK BITES		X										X	X	X	X	X
ASPARAGUS RAVIOLI		X		X			X						X			
SCALLOPS							X	X					X		X	X
DUCK SALAD	X											X	X	X	X	X
GAMBAS PIL			X										X	X	X	
TUNA TATAKI		X			X				X			X	X	X		
MEZE PLATTER		X					X						X	X	X	X
THAI PLATTER		X	X							X	X	X	X	X	X	X

DISHES																
<u>BREAKFAST</u>	Celery	Cereals containing	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
AVOCADO ON TOAST		X					X			X			X	X		
+eggs		X		X			X			X			X	X		
SALMON ON SOURDOUGH		X		X	X		X					X	X	X		
PANCAKE NYC		X		X			X						X			
BENEDICT		X		X			X						X	X		
ROYALE		X		X	X		X						X	X		
FULL ENGLISH		X		X			X						X	X	X	X
GRANOLA BOWL		X					X			X						
BREAKFAST BAP		X		X			X						X	X	X	X
VEGAN FULL ENGLISH		X											X		X	X
STEAK & EGGS				X									X			

STRAWBERRY				X			X									
PISTACIO				X			X			X	X					
CARAMEL & CHOC				X			X									
VEGAN VANILLA																
RASPBERRY SORBET																

DISHES																
<u>BRUNCH</u>	Celery	Cereals contain ing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion

OMELETTE				X			X						X			X
LOBSTER & SOURDOUGH		X	X	X									X	X		
EGGS ON TOAST		X		X			X						X	X		