Boathouse Allergen Policy

We are aware of the serious health risk to people with allergies Please find attached a list from our Head Chef of all dishes served and their allergen content

Once alerted to an allergy by a customer;

we will do our best to ensure your food/drink is allergen free

– however due to the presence of gluten, nuts and other allergens on the premises we cannot categorically state that our products are 100% free of these ingredients as with all food establishments there is always the possibility of cross-contamination at some point in the food chain

BOATHOUS	E A	\LL	ER.	RG	EN	I S	Н	EE.	TS	: 2	02	.5				
DISHES							Milk	4	1 10 11					WINE	(1)	
<u>APPETISERS</u>	Celery	Cereals contain ing gluten	Crusta ceans	Eggs	Fish	Lupin	Milk	Mollus cs	Must ard	Nuts		Sesam e seeds	Soya	Sulphur dioxide	Garlic	Onior
OLIVES																
EDAMAME												X	X	X	X	
CHORIZO ARANCINI		X		X			X						X	X	X	X
ANCHOVIES					X								X	X		
CIABATTAS																
CHICKEN/ CHORIZO		Х					X						X		X	
HALLOUMI		Х					X						X	Х	X	X
PROSCUITTO/ SALAMI		Х					X		X				X		X	
BACON/ CAMEMBERT		Х					X						X	Х		X
TUNA MELT		Х		Х	X		X						Х			
LOBSTER & CRAYFISH		X	Х				X		X				X	X	Х	X

DISHES		A.				Milk	00	11/11/11				WINE	6	*
<u>Sides</u>	Celery	Cereals contain ing gluten	Eggs	Fish	Lupin	Milk	Mollus cs	Must ard	Nuts	Sesam e seeds	Soya	Sulphur dioxide	Garlic	Onion
FRIES											X			
SWEET POT FRIES											X		X	X
BROCCOLLI										X	X	Х	X	X
CREAMY MASH						X								
BREAD BOARD		X								X	X	Х		
TOMATO SALAD								Х			X	Х	Х	Х
PARMENTIER POTATOES						X					X		Х	
BEETROOT & ORANGE SALAD														
WALNUT & STILTON SALAD		Х				Х		Х	X		X	Х	X	X
MIXED SALAD								X			X	X	X	X

DISHES						Milk	4	(MIN				WINE SECTION	######	*
<u>PIZZA</u>	Cereals contain ing gluten	Crusta ceans	Eggs	Fish	Lupin	Milk	Mollus cs	Must ard	Nuts	Sesam e seeds	Sova	Sulphur dioxide	Garlic	Onion
MARGHERITA	Х					X							Х	X
LYON	X					X					X	Х	Х	X
ANDRATX	Х					Х					X		Х	X
ATHENS	X					X						Х	Х	X
LONDON	X					X					X	Х	Х	X
BEIJING	X					X					X	X	X	X
ROME	X					X						Х	X	X
VALENCIA	X			X		X					X		X	X
VEGAN CHEESE											X			

DISHES		A STATE OF THE STA				Milk	4	(1881)				WINE	6	6
<u>KIDS</u>	Celery	Cereals contain ing gluten	Eggs	Fish	Lupin	Milk	Mollus cs	Must ard	Nuts	Sesam e seeds	Soya	Sulphur dioxide	Garlic	Onion
FISH & CHIPS		Х		Х							X	Х		
SPAGHETI BOLOGNESE	Х	X	X			X					X	Х	X	X
CHEEST PASTA		X	X			X								
MARGHERITA		X				X							X	X
CHEESEBURGER		Х				X					X		Х	Х
CHICKEN GOUJONS	Х	Х	X			X					X		X	X
SAUSAGE & CHIPS	Х	Х				X					X		X	X

DISHES							Wilk		MUSTAND				Wie		*
<u>MAINS</u>	Celery	Cereals contain ing gluten		l Eggs	Fish	Lupin	Milk	Mollus cs	Must ard	Nuts	Sesam e seeds	Soya	Sulphur dioxide	Garlic	Onion
CHICKEN SKEWER		Х					X					X		Х	Х
GRILL BURGER		X		X			X		X			X	Х	Х	Х
HEMP BURGER		X										X	Х	Х	Х
FISH CURRY			X		Х			X				X	Х	Х	Х
LAMB CUTLET		Х									Х	X	Х	Х	Х
HALIBUT					Х		X					X		Х	Х
FISH & CHIPS		Х		Х	Х							X	Х		
CHICKEN CAESAR				Х	Х		X					X	Х	Х	
+anchovies				Х	Х		X					X	Х	Х	
BBQ RIBS				Х	Х				X			X	Х	Х	Х
FISHCAKE	Х	X			Х		X							Х	Х
LINGUINE		Х	Х	Х	Х		Χ					X	Х	Х	Х

DISHES	*						wilk		MUSTANO	2			Wine	6	
<u>MAINS</u>	Celery	Cereals contain ing gluten		Eggs	Fish	Lupin	Milk	Mollus cs	Must ard	Nuts	Sesam e seeds	Soya	Sulphur dioxide	Garlic	Onion
SIRLOIN STEAK							X					X		X	Х
FILLET STEAK							X					X		X	X
+peppercorn							X					X	Х	X	X
+bluecheese							X					X	X	X	X
DUCK SALAD		X									X	X	X	X	X
ASPARAGUS RAVIOLI		X		X			X					X		X	X
TUNA POKE		X			X						X	X	X	X	X
VEGAN POKE		X									X	X	X	X	X
MOULES							X	X				X	Х	X	X
CRAB LINGUINE		X	X		X		X	X				X	X	X	X
+ half lobster			X				X					X		X	X

DISHES			*				Milk		MASTANO					WINE	6	1
SMALL PLATES	Celery	Cereals contain ing gluten	Crusta ceans			Lupin	Milk	Mollus cs	Must ard	Nuts		Sesam e seeds	Soya	Sulphur dioxide	Garlic	Onion
CALAMARI		Х		Х			X	Х					X		X	
GYOZAS		X	X	Х	Х								X	Х	X	
PORK BITES		Х										X	X	Х	Х	X
ASPARAGUS RAVIOLI		Х		X			X						X			
SCALLOPS							X	Х					X		Х	X
DUCK SALAD	Х											Х	X	Х	X	X
GAMBAS PIL			X										X	Х	X	
TUNA TATAKI		X			X				X			X	X	Х		
MEZE PLATTER		X					X						X	Х	X	X
THAI PLATTER		Х	X							X	X	X	X	Х	X	Х

DISHES	***	A Second	大				Milk	40	1801			£	WINE	6	
<u>BREAKFAST</u>	Celery	Cereals contain ing	Crusta ceans	Eggs	Fish	Lupin	Milk	Mollus cs	Must ard	Nuts	Sesam e seeds	Soya	Sulphur dioxide	Garlic	Onion
AVOCADO ON TOAST		X					X			X		X	Х		
+eggs		X		X			X			X		X	X		
SALMON ON SOURDOUGH	<u> </u>	Х		X	X		X				X	X	Х		
PANCAKE NYC		X		X			X					X			
BENEDICT		X		X			X					X	X		
ROYALE		X		X	X		X					X	X		
FULL ENGLISH		X		X			X					X	Х	X	X
GRANOLA BOWL		X					X			X					
BREAKFAST BAP		X		X			X					X	X	X	X
VEGAN FULL ENGLISH		X										X		X	X
STEAK & EGGS				X								X			

FISHCAKE	X	X	X		X		X						X	X	X	X
DISHES	-		T.			ļ	Milk		11 11 11	2				O WINE	A	*
<u>DESSERTS</u>	Celery	Cereals contain ing	Crusta ceans	CLIC	Fish	Lupin	Milk	Mollus cs	Must ard	Nuts	Peanu	Sesam e seeds	Soya	Sulphur dioxide	Garlic	Onion
PAVLOVA				X			X			X						
CHOCOLATE BROWIE				X			X									
VEGAN BROWNIE										X	Х					
TIRIMASU		Х					X						X			
STICKY TOFFEE		Х		X			X									
CHEESEBOARD	Х	Х					X			X				Х	Х	X
BURNT CHEESECAKE		Х		X			X									
TOASTED TEACAKE	Х	Х					X									
SCONE	Х	Х					X									
AFFOGATO				X			X			X	X					
				Move	emp	ick i	cecr	eam								
VANILLA				X		_	X									
CHOCOLATE				X			X									

STRAWBERRY		X		X						
PISTACIO		X		X		Х	Х			
CARAMEL & CHOC		Х		X						
VEGAN VANILLA										
RASPBERRY SORBET				·						·

DISHES	"\						Milk		MUSTANO				Wine	6	*
<u>BRUNCH</u>		Cereals contain ing gluten		Eggs	Fish	Lupin	Milk	Mollus cs	Must ard	Nuts	Sesam e seeds	Sova	Sulphur dioxide	Garlic	Onion
OMELETTE				Х			X					X			X
LOBSTER & SOURDOUGH		X	X	X								X	Х		
EGGS ON TOAST		X		X			X					X	X		