

Boathouse Allergen Policy

We are aware of the serious health risk to people with allergies

Please find attached a list from our Head Chef of all dishes served
and their allergen content

Once alerted to an allergy by a customer;

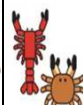
we will do our best to ensure your food/drink is allergen free

– however due to the presence of gluten, nuts and other allergens on the
premises we cannot categorically state that our products are 100% free
of these ingredients as with all food establishments there is always
the possibility of cross-contamination at some point in the food chain

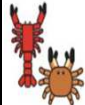
BOATHOUSE ALLERGEN SHEETS: September 2025

DISHES																
<u>APPETISERS</u>	Celery	Cereals contain ing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
OLIVES																
EDAMAME												X	X	X	X	
CHORIZO ARANCINI		X		X			X						X	X	X	X
ANCHOVIES					X								X	X		
<u>CIABATTAS</u>																
CHICKEN/ CHORIZO		X					X						X		X	
HALLOUMI		X					X						X	X	X	X
PROSCUITTO/ SALAMI		X					X		X				X		X	
BACON/ CAMEMBERT		X					X						X	X		X
TUNA MELT		X		X	X		X						X			
LOBSTER & CRAYFISH		X	X				X		X				X	X	X	X

DISHES																
<u>Sides</u>	Celery	Cereals contain ing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
FRIES													X			
SWEET POT FRIES													X		X	X
BROCCOLLI												X	X	X	X	X
CREAMY MASH							X									
BREAD BOARD		X										X	X	X		
MINI CAESAR				X	X	X							X	X	X	X
PARMENTIER POTATOES							X						X		X	X
FENNEL & ORANGE SALAD	X												X			
WALNUT & STILTON SALAD		X					X		X	X			X	X	X	X
MIXED SALAD									X				X	X	X	X

DISHES		 	 										#####			
<u>PIZZA</u>	Celery	Cereals contain ing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
MARGHERITA		X					X								X	X
LYON		X					X						X	X	X	X
ANDRATX		X					X						X		X	X
ATHENS		X					X							X	X	X
LONDON		X					X						X	X	X	X
BEIJING		X					X						X	X	X	X
ROME		X					X							X	X	X
VALENCIA		X			X		X						X		X	X
VEGAN CHEESE													X			

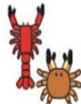
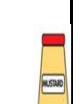
DISHES		 	 													
<u>KIDS</u>	Celery	Cereals contain ing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
FISH & CHIPS		X			X								X	X		
SPAGHETTI BOLOGNESE	X	X					X						X	X	X	X
CHEEST PASTA		X		X			X									
MARGHERITA		X					X								X	X
CHEESEBURGER		X					X						X		X	x
CHICKEN GOUJONS	X	X		X			X						X		X	X
SAUSAGE & CHIPS	X	X					X						X		X	X

DISHES																
<u>MAINS</u>	Celery	Cereals contain ing gluten	Crusta ceans	Eggs	Fish	Lupin	Milk	Mollus cs	Must ard	Nuts	Peanu ts	Sesam e seeds	Soya	Sulphur dioxide	Garlic	Onion
SIRLOIN STEAK							X						X		X	X
FILLET STEAK							X						X		X	X
+peppercorn							X						X	X	X	X
+bluecheese							X						X	X	X	X
DUCK SALAD		X										X	X	X	X	X
ASPARAGUS RAVIOLI		X		X			X						X		X	X
TUNA POKE		X			X							X	X	X	X	X
VEGAN POKE		X										X	X	X	X	X
MOULES							X	X					X	X	X	X
CRAB LINGUINE		X	X		X		X	X					X	X	X	X
+ half lobster			X				X						X		X	X

DISHES																
<u>SMALL PLATES</u>	Celery	Cereals contain ing gluten	Crusta ceans	Eggs	Fish	Lupin	Milk	Mollus cs	Must ard	Nuts	Peanu ts	Sesam e seeds	Soya	Sulphur dioxide	Garlic	Onion
CALAMARI		X		X			X	X					X		X	
GYOZAS		X	X	X	X								X	X	X	
PORK BITES	X	X							X			X	X	X	X	X
ASPARAGUS RAVIOLI		X		X			X						X			
SCALLOPS							X	X					X		X	X
DUCK SALAD	X											X	X	X	X	X
GAMBAS PIL			X										X	X	X	
TUNA TATAKI		X			X				X			X	X	X		
MEZE PLATTER		X					X						X	X	X	X
THAI PLATTER		X	X							X	X	X	X	X	X	X

DISHES																
<u>BREAKFAST</u>	Celery	Cereals containing	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
AVOCADO ON TOAST		X		X			X			X			X	X		
SALMON ON SOURDOUGH		X		X	X		X					X	X	X		
PANCAKE NYC		X		X			X						X			
BENEDICT		X		X			X						X	X		
ROYALE		X		X	X		X						X	X		
FULL ENGLISH		X		X			X						X	X	X	X
GRANOLA BOWL		X					X			X						
BREAKFAST BAP		X		X			X						X	X	X	X
VEGAN FULL ENGLISH		X											X		X	X
STEAK & EGGS				X									X			
FISHCAKE	X	X	X		X		X						X	X	X	X

STRAWBERRY				X			X									
PISTACIO				X			X			X	X					
CARAMEL & CHOC				X			X									
VEGAN VANILLA																
RASPBERRY SORBET																

DISHES	#VALUE!															
<u>BRUNCH</u>	Celery	Cereals contain gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
OMELETTE				X			X						X			X
LOBSTER & SOURDOUGH		X	X										X			
EGGS ON TOAST		X		X			X						X	X		
<u>SUNDAY ROASTS</u>	Celery	Cereals contain gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
ROAST BEEF		X		X									X	X	X	X
ROAST PORK		X											X	X	X	X
ROAST LAMB													X	X	X	X

ROAST CHICKEN		X											X	X	X	X
MUSHROOM PITHIVIER		X											X	X	X	X
BAKED CAULIFLOWER		X					X		X							
PIGS IN BLANKET		X											X			
STUFFING BALLS		X											X		X	X
DISHES																
<u>CHRISTMAS MENU 2025</u>	Celery	Cereals contain ing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
KING PRAWN DIAVOLA			X										X	X	X	X
KALE SALAD							X		X	X			X			
THAI CHICKEN SOUP			X												X	X
DUCK PATE		X					X			X						X
ROAST TURKEY		X								X			X	X	X	X
BEEF SHORT RIB							X						X	X	X	X
BLACKENED COD FILLET		X											X			

