Boathouse Allergen Policy

We are aware of the serious health risk to people with allergies

Please find attached a list from our Head Chef of all dishes served

and their allergen content

Once alerted to an allergy by a customer;

we will do our best to ensure your food/drink is allergen free

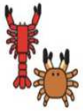
– however due to the presence of gluten, nuts and other allergens on the

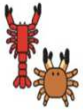
premises we cannot categorically state that our products are 100% free

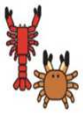
of these ingredients as with all food establishments there is always

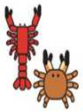
the possibility of cross-contamination at some point in the food chain

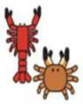
BOATHOUSE ALLERGEN SHEETS: October 2025

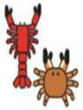
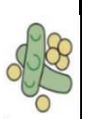
DISHES																
APPETISERS	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
OLIVES																
EDAMAME												X	X	X	X	
MUSHROOM ARANCINI		X		X			X						X	X	X	X
ANCHOVIES					X								X	X		
CIABATTAS																
CHICKEN/ CHORIZO		X					X						X		X	
HALLOUMI		X					X						X	X	X	X
PROSCUITTO/ SALAMI		X					X		X				X		X	
BACON/ CAMEMBERT		X					X						X	X		X
TUNA MELT		X		X	X		X						X			

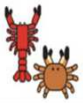
DISHES																
Sides	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
FRIES													X			
TRUFFLE FRIES							X						X			
SWEET POT FRIES													X		X	X
BROCCOLLI												X	X	X	X	X
CREAMY MASH							X									
BREAD BOARD		X										X	X	X		
MINI CAESAR				X	X	X							X	X	X	X
HISPI CABBAGE		X											X		X	
WALNUT & STILTON SALAD		X					X		X	X			X	X	X	X
MIXED SALAD									X				X	X	X	X
BONE MARROW		X											X			

DISHES															######	
PIZZA	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
MARGHERITA		X					X								X	X
LYON		X					X						X	X	X	X
ANDRATX		X					X						X		X	X
ATHENS		X					X							X	X	X
LONDON		X					X						X	X	X	X
BEIJING		X					X						X	X	X	X
ROME		X					X							X	X	X
VALENCIA		X			X		X						X		X	X
VEGAN CHEESE													X			

DISHES																
KIDS	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
FISH & CHIPS		X			X								X	X		
SPAGHETI BOLOGNESE	X	X					X						X	X	X	X
CHEESY PASTA		X		X			X									
MARGHERITA		X					X								X	X
CHEESEBURGER		X					X					X	X		X	x
CHICKEN GOUJONS	X	X		X			X						X		X	X
SAUSAGE & CHIPS	X	X					X						X		X	X

DISHES																
MAINS	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
CHICKEN SKEWER		X					X						X		X	X
GRILL BURGER		X		X			X		X			X	X	X	X	X
HEMP BURGER		X										X	X	X	X	X
FISH CURRY			X		X			X					X	X	X	X
LAMB RUMP	X												X	X	X	X
HALIBUT					X		X						X	X	X	X
FISH & CHIPS		X		X	X								X	X		
CHICKEN CAESAR				X	X		X						X	X	X	
+anchovies				X	X		X						X	X	X	
BBQ RIBS				X	X				X				X	X	X	X
FISHCAKE	X	X			X		X								X	X
LINGUINE		X	X		X		X	X					X	X	X	X

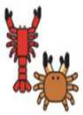
DISHES																
MAINS	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
SIRLOIN STEAK							X						X		X	X
FILLET STEAK							X						X		X	X
+peppercorn							X						X	X	X	X
+bluecheese							X						X	X	X	X
RAVIOLI		X		X			X									
SALMON POKE				X	X							X	X	X	X	X
TOFU POKE												X	X	X	X	X
MOULES MARINERE			X				X	X					X	X	X	X
THAI MOULES								X					X		X	X
CRAB LINGUINE		X	X		X		X	X					X	X	X	X
RISOTTO							X						X	X	X	X

DISHES																
SMALL PLATES	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
CALAMARI		X		X			X	X					X		X	
GYOZAS		X	X	X	X								X	X	X	
PORK BITES	X	X							X			X	X	X	X	X
RAVIOLI																
SCALLOPS							X	X					X		X	X
GOATS CHEESE SALAD							X			X			X			
GAMBAS PIL			X										X	X	X	
CAMEMBERT		X					X							X	X	X
MEZE PLATTER		X					X						X	X	X	X
THAI PLATTER		X	X							X	X	X	X	X	X	X

DISHES																
BREAKFAST	Celery	Cereals containing	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
AVOCADO ON TOAST		X		X			X			X			X	X		
ALMON ON SOURDOUGH		X		X	X		X					X	X	X		
PANCAKE NYC		X		X			X						X			
BENEDICT		X		X			X						X	X		
ROYALE		X		X	X		X						X	X		
FULL ENGLISH		X		X			X						X	X	X	X
GRANOLA BOWL		X					X			X						
BREAKFAST BAP		X		X			X						X	X	X	X
VEGAN FULL ENGLISH		X											X		X	X
STEAK & EGGS				X									X			

FISHCAKE	X	X	X		X		X						X	X	X	X
OMELETTE				X			X						X			X
ACAI BOWL							X									
HAM/CHEESE CROISSANT		X					X									
DISHES															###	
DESSERTS	Celery	Cereals containing	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
PAVLOVA				X			X			X						
CHOCOLATE BROWIE				X			X									
VEGAN BROWNIE										X	X					
TIRIMASU		X					X			X			X			
STICKY TOFFEE		X		X			X									
CHEESEBOARD	X	X					X			X				X	X	X
TOASTED TEACAKE	X	X					X									
SCONE	X	X					X									
AFFOGATO				X			X			X	X					
VANILLA ICE CREAM				X			X									

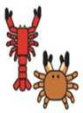
CHOCOLATE ICE CREAM				X			X									
STRAWBERRY ICE				X			X									
PISTACIO ICE CREAM				X			X			X	X					
CARAMELITA				X			X									
VEGAN VANILLA																
RASPBERRY SORBET																

DISHES	#VALUE!															
SUNDAY ROASTS	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
ROAST BEEF		X		X									X	X	X	X
ROAST PORK		X											X	X	X	X
ROAST LAMB													X	X	X	X
ROAST CHICKEN		X											X	X	X	X
MUSHROOM PITHIVIER		X											X	X	X	X
BAKED CAULIFLOWER		X					X		X							
PIGS IN BLANKET		X											X			

STUFFING BALLS		X											X		X	X
DISHES																
<u>CHRISTMAS MENU 2025</u>	**Celery**	**Cereals containing gluten**	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Molluscs**	**Mustard**	**Nuts**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur dioxide**	**Garlic**	**Onion**
KING PRAWN DIAVOLA			X										X	X	X	X
KALE SALAD							X		X	X			X			
THAI CHICKEN SOUP			X												X	X
DUCK PATE		X					X			X						X
ROAST TURKEY		X								X			X	X	X	X
BEEF SHORT RIB							X						X	X	X	X
BLACKENED COD FILLET		X											X			

CHICKPEA STEW	X	X											X		X	X
CHRISTMAS PUDDING		X		X			X			X						
CHOCOLATE BROWNIE				X			X									
BANOFFEE PIE		X		X			X									
CHEESEBOARD		X					X							X		

BOATHOUSE ALLERGEN SHEETS: September 2025

DISHES																
BLANK	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion