

# **Boathouse Allergen Policy**

**If you suffer from an allergy, intolerance or Coeliac disease, please inform your server who will direct you to the allergens menu, so that you can make an informed choice.**

**As required by the law, we provide the full information on 14 listed allergens.**

**The matrix tables below shows when the allergens are intentionally added to the food.**

**We have a strict cross-contamination controls in our kitchen, and the robust allergens controls policy in place.**

**Our kitchens and Bars are busy places where allergens are handled and sometimes we have to share the equipment too.**

**Therefore, despite the best practices, the chance of the cross-contamination remains and we cannot guarantee that any of our dishes are free from allergens.**

## BOATHOUSE ALLERGEN SHEETS: JANUARY 2026

DISHES															
<u>SMALL PLATES/ SHARERS</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	
MONKFISH GYOZAS		Wheat	X	X	X									X	X
SCALLOPS								X	X					X	
SPINACH & RICOTTA RAVIOLI		Durum Wheat	may contain	X			X	may contain	may contain					may contain	
FETA & BEETROOT		<20ppm					X			walnuts				X	X
GAMBAS PIL PIL		Gluten, wheat rye	X				X		may contain					X	X
BBQ PORK BITES	X	Gluten							X				X	X	
DIAVOLA MEATBALLS		Wheat - may contain		X			may contain		may contain	X					
THAI PLATTER	X	Gluten & wheat	X		X		may contain		X	Cashews- may contain other	X	X	X	may contain	
CAMEMBERT		Wheat, rye & gluten					X		may contain				X	X	

DISHES															
MAINS	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	
FISHCAKE		Wheat-Breadcrumb & plain flour		X	X		X		may contain	may contain	may contain	may contain	X	X	
CHEESEBURGER	may contain	Wheat - bun	may contain	X	may contain	may contain	X	may contain	X	may contain	may contain	X	X	X	
HEMP BURGER	may contain	may contain	may contain	X	may contain	may contain	X	may contain	may contain						
VEGAN/ GF BUN				may contain			may contain						may contain		
FISH CURRY			X		X			X					X	X	
BUTTERNUT RISOTTO							X						X	X	
FISH & CHIPS		X		X	X								X	X	
CHICKEN CAESAR				X	X		X						X	X	
+anchovies				X	X		X						X	X	

DISHES														
<u>MAINS continued</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
BBQ RIBS				X	X				X				X	X
SIRLOIN STEAK							X						X	
FILLET STEAK							X						X	
+peppercorn							X						X	
+bluecheese							X						X	
RAVIOLI		X		X			X							
MOULES MARINERE							X	X					X	X
NDUJA MOULES	X						X	X					X	X
CHICKEN SKEWER		X					X						X	

DISHES												
												
	<u>BAGUETTES</u>											
COPPA HAM & CHEESE		Gluten, wheat rye					X					X
CHICKEN & CHORIZO		Gluten, wheat rye				X						X
SPICY MEATBALL		Gluten, wheat rye				X						X
MUSHROOM & KIMCHI		Gluten, wheat rye				X						X
PULLED PORK & SLAW	X	Gluten, wheat rye				X						
VEGAN/ GF ROLL						X				may contain		

DISHES														
<u>Sides</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
FRIES														X
TRUFFLE FRIES								X						X
BROCCOLI													X	X
CREAMY MASH								X						
BREAD BOARD		X											X	X
MINI CAESAR				X	X	X							X	X
WALNUT & STILTON SALAD		X						X		X	X		X	X
MIXED SALAD									X				X	X

FENNEL SALAD	X														X
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DISHES														
<u>PIZZA</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
MARGHERITA		X					X							
LYON		X					X						X	X
ANDRATX		X					X						X	
ATHENS		X					X							X
LONDON		X					X						X	X
BEIJING		X					X						X	X
ROME		X					X							X

STOCKHOLM	X	X						X						
VEGAN CHEESE													X	

DISHES															
<u>KIDS</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	
FISH & CHIPS		X			X									X	X
SPAGHETI BOLOGNESE	X	X						X						X	X
CHEESY PASTA		X		X				X							
MARGHERITA		X						X							
CHEESEBURGER		X						X							
CHICKEN GOJONS	X	X		X				X							

SAUSAGE & CHIPS	X	X						X							
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DISHES															
<u>BREAKFAST</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	
CHAMPIONS EGGS		X		X										X	
AÇAI BOWL		X						X							
AÇAI SMOOTHIE								X							
PANCAKE NYC		X		X				X							
BENEDICT		X		X					X					X	X
FULL ENGLISH		X		X				X						X	X
BREAKFAST BAP		X		X				X						X	X
PORRIDGE		X						X		X	X				

VEGAN FULL ENGLISH		X												X	
STEAK & EGGS					X										X
OMELETTE					X				X						X
HAM/CHEESE CROISSANT		X						X							
TOAST & PRESERVES			X					X							
DISHES															
<u>DESSERTS</u>	Celery	Cereals containing	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur	
PAVLOVA					X				X			X			
CHOCOLATE BROWIE					X				X						
VEGAN BROWNIE											X	X			
TIRIMASU			X						X					X	
STICKY TOFFEE			X						X						
CHEESEBOARD	X	X							X					X	
TOASTED TEACAKE	X	X							X						
SCONE	X	X							X						
AFFOGATO				X				X			X	X			
VANILLA ICE CREAM					X			X							

CHOCOLATE ICE CREAM				X			X							
STRAWBERRY ICE CREAM				X			X							
PISTACIO ICE CREAM				X			X			X	X			
CARAMELITA				X			X							
VEGAN VANILLA														
RASPBERRY SORBET														

DISHES	#####													
<u>SUNDAY ROASTS</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
ROAST BEEF	X	X		X			X						X	X
ROAST PORK	X	X		X			X						X	X
ROAST CHICKEN	X	X		X			X						X	X
MUSHROOM PITHIVIER		X		X			X						X	X
BAKED CAULIFLOWER		X					X		X					

PIGS IN BLANKET		X											X	
STUFFING BALLS		X		X									X	

DISHES	#####													
<u>Function Packages</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Olives														
Mini Empanadas		X						X					X	
Spanish Omelette				X				X						X
Manchego & Chorizo							X						X	X
Patatas Bravas	X			X										
Goats cheese en croute		X						X						

<b>Red pepper &amp; Feta croute</b>		X					X							
<b>Olive &amp; Jamon en croute</b>		X												X
<b>Gambas prawns</b>			X				X						X	
<b>Fillet Of Beet</b>													X	
<b>Peppercorn Sauce</b>							X						X	X