

Boathouse Allergen Policy

If you suffer from an allergy, intolerance or Coeliac disease, please inform your server who will direct you to the allergen's menu, so that you can make an informed choice.















As required by the law, we provide the full information on 14 listed allergens.



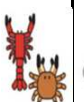











The matrix tables below shows when the allergens are intentionally added to the food.



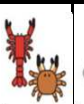


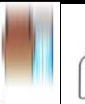


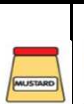





We have a strict cross-contamination controls in our kitchen, and the robust allergens controls policy in place.















Our kitchens and bars are busy places, using shared equipment to prepare, store, and handle multiple allergens. Allergens like milk, soya, eggs, cereals containing gluten, mustard, celery, nuts, peanuts, sesame seeds, fish, crustaceans, molluscs and SO₂ are also present in the supplier chain.



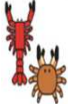











Therefore, despite the best practices, the chance of the cross-contamination remains, and we cannot guarantee that any of our dishes are free from allergens.















DISHES														
<u>APPETISERS</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
NOCELLAR OLIVES														
ARANCINI	may contain	Wheat - Breadcrumbs & plain flour. May contain all other		X			X		may contain		may contain	may contain	X	X
TOASTED FOCACCIA	may contain	wheat & gluten May contain all other							may contain				may contain	may contain
ANCHOVIES ON SOURDOUGH	may contain	Wheat, rye. may contain all other		may contain	X		may contain		may contain	may contain	may contain	may contain		may contain

DISHES														
<u>SMALL PLATES/ SHARERS</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
MONKFISH GYOZAS	may contain	Wheat flour. May contain all other	X	X	X		may contain		may contain	may contain	may contain	may contain	X	may contain
SCALLOPS	may contain	May contain all					X	X	may contain	may contain	may contain	may contain	X	X
PUMPKIN AND SAGE TORTELLINI	may contain	Durum semolina, Wheat. May contain all other	may contain	X	may contain		X	may contain	may contain	may contain	may contain	may contain	may contain	may contain
GOATS & BEETROOT	may contain	May contain all					X		may contain	walnuts- May contain all other	may contain	may contain	X	X
GAMBAS PIL PIL	may contain	Wheat & rye- May contain all other	X				X		may contain	may contain	may contain	may contain	X	X
BBQ PORK BITES	X	Gluten. May contain all other		may contain	may contain		may contain		X	may contain	may contain	X	X	may contain
CALAMARI		X					X	X				X	X	
TUNA TATAKI					X				X			X	X	X
THAI PLATTER	X	Gluten, Barley & wheat- May contain all other	X	may contain	X		may contain		X	CASHEWS May contain all other	X	X	X	X
CAMEMBERT	may contain	Wheat, rye & gluten- May contain all other					X		may contain	may contain	may contain	may contain	X	

DISHES														
<u>MAINS</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
FISHCAKE	may contain	Wheat- Breadcrumbs & plain flour- May contain all other		X	X		X		x	may contain	may contain	may contain	X	X
FISH CURRY	may contain	may contain	X		X		may contain	X	x	may contain	may contain	may contain	X	X
VEGAN CURRY	may contain	may contain					may contain		may contain	may contain	may contain	may contain	X	X
SALMON POKE BOWL	may contain				x								x	x
TUNA POKE BOWL	may contain				x								x	x
FISH & CHIPS	may contain	barley& wheat may contain other		X	X		may contain		may contain	may contain	may contain	may contain	X	X
CHICKEN CAESAR	may contain	may contain		X	X		X		may contain	may contain	may contain	may contain	X	may contain
Anchovies					X									
CHEESEBURGER	may contain	Gluten & Wheat. May contain rye, barley & oats		X			X		X	may contain	may contain	X	X	X
BURGER BUN		Gluten & Wheat. May contain rye, barley & oats		X			X		may contain	may contain	may contain	X	may contain	may contain
BBQ RIBS	X	may contain		X	may contain		may contain		X	may contain	may contain	may contain	X	X

DISHES														
<u>MAINS continued</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
CHICKEN SKEWER	may contain	Durum Wheat Semolina. May contain all other		may contain			X		may contain	Sumac-family with cashews & pistacios	may contain	may contain	X	X
LAMB	x											x	x	x
SIRLOIN STEAK							X						X	
FILLET STEAK							X						X	
+peppercorn	may contain	may contain		may contain			X		may contain	may contain	may contain	may contain	X	X
+bluecheese	may contain	may contain		may contain			X		may contain	may contain	may contain	may contain	X	X
PUMPKIN AND SAGE TORTELLINI	may contain	Durum semolina, Wheat. May contain all other	may contain	X	may contain		X	may contain	may contain	may contain	may contain	may contain	may contain	may contain
MOULES MARINERE	may contain	may contain					X	X	may contain	may contain	may contain	may contain	X	X
MALAY MUSSELS	may contain	may contain	X				may contain	X	may contain	may contain	may contain	may contain	X	X
LOBSTER			x				x							

Side of Bread		wheat & rye							may contain				may contain	
DISHES														
BAGUETTES	Celery	Cereals containing gluten	Crustace	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur
BAGUETTE BREAD		Wheat & Rye may contain other							may contain				may contain	
COPPA HAM & CHEESE	X	Wheat, Barley & rye may contain other					X		may contain	may contain	may contain	may contain	X	may contain
CHICKEN & CHORIZO	X	Wheat & rye may contain other		X	may contain		X		X	may contain	may contain	may contain	X	may contain
Lobster ROLL		x	x	x	x				x				x	may contain
Halloumi		x					x		x				x	may contain
PULLED PORK & SLAW	X	Wheat & rye		X			X		may contain	may contain	may contain	may contain	X	may contain
VEGAN/ GF ROLL							X				may contain			
FRIES													X	
MIXED SALAD									X				X	X



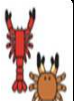


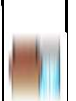








DISHES														
<u>PIZZA</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide















Please note our pizza bases, toppings and our non gluten pizza bases are prepared and cooked in the same area and pizza oven.










Our kitchens are busy places where allergens are handled and sometimes we have to share the equipment too.















Therefore, despite the best practices, the chance of the cross-contamination remains and we cannot guarantee that any of our dishes are free from allergens.

PIZZA BASE (without cheese & tomato)		WHEAT & GLUTEN may contain: barley, rye & Oats							may contain				may contain	may contain
NON GLUTEN PIZZA BASE (without cheese & tomato)		may contain							X				X	may contain
MARGHERITA		WHEAT & GLUTEN may contain: barley, rye & Oats					X		may contain				may contain	may contain
LONDON	may contain	WHEAT & GLUTEN may contain: barley, rye & Oats					X		may contain	may contain	may contain	may contain	X	may contain
BEIJING	may contain	WHEAT & GLUTEN may contain: barley, rye & Oats					X		may contain	may contain	may contain	X	X	may contain
ROME	may contain	WHEAT & GLUTEN may contain: barley, rye & Oats					X		may contain	may contain	may contain	may contain	may contain	X














DISHES														
<u>BREAKFAST EXTRAS</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Fried Eggs				X									X	
Poached Egg				X										X
Scrambled Eggs	may contain	may contain		X			X		may contain	may contain	may contain	may contain	may contain	may contain
Vegan Sausage													X	
Pork Sausage	may contain	WHEAT may contain all other					may contain		may contain	may contain	may contain	may contain	X	X
Smoked bacon														
Mushroom	may contain	may contain					may contain		may contain	may contain	may contain	may contain	X	may contain
Plum tomatoes	may contain	may contain					may contain		may contain	may contain	may contain	may contain	X	may contain
Heinz Baked Beans														
Hash Brown													X	
Feta							X							
Spinach	may contain	may contain					may contain		may contain	may contain	may contain	may contain	X	may contain
Smoked salmon					X									
Black pudding	X	WHEAT											X	
Netherend Farm Butter portion							X							
Flora Plant based portion							may contain							















DISHES														
BREAKFAST	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
FULL ENGLISH with Fried Eggs	may contain	Wheat- may contain all other		X			X		may contain	may contain	may contain	may contain	X	X
VEGAN FULL ENGLISH	may contain	Wheat- may contain all other		may contain			may contain		may contain	may contain	may contain	may contain	X	may contain
CHAMPIONS EGGS	may contain	Wheat- may contain all other		X			may contain		may contain		may contain	may contain	X	X
EGGS BENEDICT	may contain	WHEAT- (<20ppm Barley in Hollandaise) May contain all other		X			X		may contain	may contain	may contain	may contain	X	X
STEAK & EGGS	may contain	may contain		X					may contain	may contain	may contain	may contain	X	may contain
SHAKSHUKA	may contain	may contain					x		may contain	may contain	may contain	may contain	x	x
NYC PANCAKES	May contain	Wheat- may contain all other		X			X		May contain	May contain	May contain	May contain	X	may contain
PANCAKES & SYRUP		Wheat- may contain all other		X			X			May contain- nuts, almonds, hazelnuts			X	X

Non Gluten Pancakes				X										
DISHES		#VALUE!			#####	###	#####	####						
BREAKFAST	Celery	Cereals containing gluten	Crustace	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur
HAM/CHEESE CROISSANT		WHEAT- may contain all other		X			X			may contain		may contain	may contain	
BREAKFAST BAP	may contain	WHEAT may contain barley		X			may contain		may contain	may contain	may contain	may contain	X	X
FLOURED BUN		WHEAT may contain barley					may contain					may contain	X	may contain
AÇAI BOWL	may contain	OATS, WHEAT, BARLEY may contain other		may contain			X		may contain	ALMONDS may contain other	may contain	may contain	may contain	may contain
AÇAI SMOOTHIE							X							
PORRIDGE	may contain	OAT GLUTEN may contain other					X		may contain	ALMONDS may contain other	may contain	may contain	may contain	may contain
BA OMELETTE	may contain	may contain		X			X		may contain	may contain	may contain	may contain	X	may contain
FISHCAKE	may contain	Wheat- Breadcrumbs & plain flour- May		X	X		X		may contain	may contain	may contain	may contain	X	X
BROWN TOAST		WHEAT, BARLEY					X						X	
WHITE TOAST		WHEAT											X	
SOURDOUGH TOAST Marmalade		Wheat		may contain			may contain		may contain		may contain	may contain		may contain

DISHES														
<u>KIDS</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
MARGHERITA		WHEAT & GLUTEN may contain: barley, rye & Oats					X		may contain				may contain	may contain
Ham topping										may contain	may contain			
Pepperoni topping														
FISH & CHIPS	may contain	barley& wheat may contain other		X	X		may contain		may contain	may contain	may contain	may contain	X	X
CHICKEN GOUJONS	X	WHEAT											X	
SAUSAGE & CHIPS	may contain	WHEAT may contain other					may contain		may contain	may contain	may contain	may contain	X	X
SPAGHETI BOLOGNESE	X	WHEAT may contain other		X			X		may contain	may contain	may contain	may contain	X	X
CHEESY PASTA	may contain	WHEAT		X			X		may contain	may contain	may contain	may contain	X	may contain

CHEESEBURGER	may contain	WHEAT may contain other					X		may contain	may contain	may contain	may contain	X	may contain
Peas														
Baked Beans														

DISHES	#####													
<u>SUNDAY ROASTS</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
ROAST BEEF	X	WHEAT may contain other		X			X		may contain	may contain	may contain	may contain	X	X
ROAST PORK	X	WHEAT may contain other		X			X		may contain	may contain	may contain	may contain	X	X
ROAST CHICKEN	X	WHEAT may contain other		X			X		may contain	may contain	may contain	may contain	X	X
MUSHROOM PITHIVIER	X	WHEAT may contain other		X			X		may contain	may contain	may contain	may contain	X	X
BAKED CAULIFLOWER		WHEAT may contain other		may contain			X		X	may contain	may contain	may contain	X	may contain
PIGS IN BLANKET		WHEAT may contain other					may contain		may contain	may contain	may contain	may contain	X	X
STUFFING BALLS		WHEAT may contain other		X			may contain		may contain	may contain	may contain	may contain	X	may contain
YORKSHIRE PUDDING		WHEAT may contain other		X			X		may contain	may contain	may contain	may contain	X	may contain

DISHES														
<u>DESSERTS</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
PAVLOVA	may contain	may contain		X			X		may contain	PISTACIOS & traces of tree nuts may contain	may contain	may contain	may contain	X
CHOCOLATE BROWIE				X			X			may contain	may contain		X	
VEGAN BROWNIE				may contain			may contain			ALMOND & HAZELNUTS			X	
TIRIMASU		WHEAT		X			X		may contain	may contain almond, hazelnut, pistacio			may contain	X
STICKY TOFFEE	may contain	WHEAT may contain spelt & barley		X			X		may contain			may contain	may contain	may contain
CHEESEBOARD		WHEAT & BARLEY			may contain		X			may contain		X		
TOASTED TEACAKE		WHEAT					X			may contain	may contain	may contain	X	

