

Boathouse Allergen Policy

If you suffer from an allergy, intolerance or Coeliac disease, please inform your server who will direct you to the allergen's menu, so that you can make an informed choice.

As required by the law, we provide the full information on 14 listed allergens.

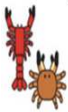
The matrix tables below shows when the allergens are intentionally added to the food. We have a strict cross-contamination controls in our kitchen, and the robust allergens controls policy in place.

Our kitchens and bars are busy places, using shared equipment to prepare, store, and handle multiple allergens. Allergens like milk, soya, eggs, cereals containing gluten, mustard, celery, nuts, peanuts, sesame seeds, fish, crustaceans, molluscs and SO₂ are also present in the supplier chain.

Therefore, despite the best practices, the chance of the cross-contamination remains, and we cannot guarantee that any of our dishes are free from allergens.

DISHES														
<u>APPETISERS</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
NOCELLAR OLIVES														
ARANCINI	may contain	Wheat - Breadcrumbs & plain flour. May contain all other		X			X		may contain		may contain	may contain	X	X
TOASTED FOCACCIA	may contain	wheat & gluten May contain all other							may contain				may contain	may contain
ANCHOVIES ON SOURDOUGH	may contain	Wheat, rye. may contain all other		may contain	X		may contain		may contain	may contain	may contain	may contain		may contain
BBQ PORK BITES	X	Gluten. May contain all other		may contain	may contain		may contain		X	may contain	may contain	X	X	may contain

DISHES														
<u>SMALL PLATES/ SHARERS</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
MONKFISH GYOZAS	may contain	Wheat flour. May contain all other	X	X	X		may contain		may contain	may contain	may contain	may contain	X	may contain
SCALLOPS	may contain	May contain all					X	X	may contain	may contain	may contain	may contain	X	X
Tomato Tartare	x			x					x				x	
GOATS & BEETROOT	may contain	May contain all					X		may contain	walnuts- May contain all other	may contain	may contain	X	X
GAMBAS PIL PIL	may contain	Wheat & rye- May contain all other	X				X		may contain	may contain	may contain	may contain	X	X
BEEF CARPACCIO							X							MAY CONTAIN
CALAMARI		x					x	x				x	x	
TUNA TATAKI					x				x			x	x	x
THAI PLATTER	X	Gluten, Barley & wheat- May contain all other	X	may contain	X		may contain		X	CASHEWS May contain all other	X	X	X	X
POOLE BAY OYSTERS								X	X					X

EXMOOR CAVIAR	may contain	X			X		X							
DISHES														
<u>MAINS</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
FISHCAKE	may contain	wheat- Breadcrumbs & plain flour- May contain all other		X	X		X		x	may contain	may contain	may contain	X	X
FISH CURRY	may contain	may contain	X		X		may contain	X	x	may contain	may contain	may contain	X	X
VEGAN CURRY	may contain	may contain					may contain		may contain	may contain	may contain	may contain	X	X
SALMON POKE BOWL	may contain				x								x	x
TUNA POKE BOWL	may contain				x								x	x
FISH & CHIPS	may contain	barley & wheat may contain other		X	X		may contain		may contain	may contain	may contain	may contain	X	X
CHICKEN CAESAR	may contain	may contain		X	X		X		may contain	may contain	may contain	may contain	X	may contain
Anchovies					X									
CHEESEBURGER	may contain	Gluten & Wheat. May contain rye, barley & oats		X			X		X	may contain	may contain	X	X	X
BURGER BUN		Gluten & Wheat. May contain rye, barley & oats		X			X		may contain	may contain	may contain	X	may contain	may contain

WHOLE CORNISH SOLE	X		X				X		X					X
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DISHES														
<u>MAINS continued</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
CHICKEN SKEWER	may contain	Durum Wheat Semolina. May contain all		may contain			X		may contain	Sumac-family with cashews &	may contain	may contain	X	X
LAMB	x											x	x	x
SIRLOIN STEAK							X						X	
FILLET STEAK							X						X	
PORTERHOUSE STEAK							X						X	
+peppercorn	may contain	may contain		may contain			X		may contain	may contain	may contain	may contain	X	X
+bluecheese	may contain	may contain		may contain			X		may contain	may contain	may contain	may contain	X	X
MOULES MARINERE	may contain	may contain					X	X	may contain	may contain	may contain	may contain	X	X
MALAY MUSSELS	may contain	may contain	X				may contain	X	may contain	may contain	may contain	may contain	X	X

MIXED SALAD									X				X	X
DISHES														
<u>PIZZA</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide

Please note our pizza bases, toppings and our non gluten pizza bases are prepared and cooked in the same area and pizza oven.

Our kitchens are busy places where allergens are handled and sometimes we have to share the

PIZZA BASE (without cheese & tomato)		WHEAT & GLUTEN may contain: barley,							may contain				may contain	may contain
NON GLUTEN PIZZA BASE (without cheese & tomato)		may contain							X				X	may contain
MARGHERITA		WHEAT & GLUTEN may contain: barley, rye & Oats					X		may contain				may contain	may contain
LONDON	may contain	WHEAT & GLUTEN may contain: barley, rye & Oats					X		may contain	may contain	may contain	may contain	X	may contain
BEIJING	may contain	WHEAT & GLUTEN may contain: barley, rye & Oats					X		may contain	may contain	may contain	X	X	may contain

ROME	may contain	WHEAT & GLUTEN may contain: barley, rye & Oats					X		may contain	may contain	may contain	may contain	may contain	X
DISHES														
<u>PIZZA CONTINUED</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulfur dioxide
LYON	may contain	WHEAT & GLUTEN may contain: barley, rye & Oats					X		may contain	may contain	may contain	may contain	may contain	X
ANDRATX	may contain	WHEAT & GLUTEN may contain: barley, rye & Oats					X		may contain	may contain	may contain	may contain	X	may contain
LISBON		WHEAT & GLUTEN may contain: barley, rye & Oats	X				X		may contain				may contain	X
NAPOLI	MAY CONTAIN	WHEAT & GLUTEN may contain: barley, rye & Oats					X		MAY CONTAIN				X	X
SANTA CRUZ	may contain	WHEAT & GLUTEN may contain: barley, rye & Oats					x		x				x	x
SICILY	X	WHEAT & GLUTEN may contain:		X	X		X		X				X	may contain
VEGAN CHEESE		gluten free OAT fibre												
truffle aioli dip	may contain	may contain		X			may contain		may contain	may contain	may contain	may contain	may contain	may contain

Black pudding	X	WHEAT											X	
Netherend Farm Butter portion							X							
Flora Plant based portion							may contain							
DISHES														
<u>BREAKFAST</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
FULL ENGLISH with Fried Eggs	may contain	Wheat- may contain all other		X			X		may contain	may contain	may contain	may contain	X	X
VEGAN FULL ENGLISH	may contain	Wheat- may contain all other		may contain			may contain		may contain	may contain	may contain	may contain	X	may contain
CHAMPIONS EGGS	may contain	Wheat- may contain all other		X			may contain		may contain		may contain	may contain	X	X
EGGS BENEDICT	may contain	WHEAT- (<20ppm Barley in Hollandaise) May contain all		X			X		may contain	may contain	may contain	may contain	X	X
STEAK & EGGS	may contain	may contain		X					may contain	may contain	may contain	may contain	X	may contain
SHAKSHUKA	may contain	may contain					x		may contain	may contain	may contain	may contain	x	x

NYC PANCAKES	May contain	Wheat- may contain all other		X			X		May contain	May contain	May contain	May contain	X	may contain
PANCAKES & SYRUP		Wheat- may contain all other		X			X			May contain-			X	X
Non Gluten Pancakes				X										
DISHES		#VALUE!			#####	###	#####	####						
<u>BREAKFAST</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur
HAM/CHEESE CROISSANT		WHEAT- may contain all other		X			X			may contain		may contain	may contain	
BREAKFAST BAP	may contain	WHEAT may contain barley		X			may contain		may contain	may contain	may contain	may contain	X	X
FLOURED BUN		WHEAT may contain barley					may contain					may contain	X	may contain
AÇAÍ BOWL	may contain	OATS, WHEAT, BARLEY may		may contain			X		may contain	ALMONDS may contain	may contain	may contain	may contain	may contain
AÇAÍ SMOOTHIE							X							
PORRIDGE	may contain	OAT GLUTEN may contain other					X		may contain	ALMONDS may contain other	may contain	may contain	may contain	may contain
BA OMELETTE	may contain	may contain		X			X		may contain	may contain	may contain	may contain	X	may contain
FISHCAKE	may contain	Wheat- Breadcrumbs & plain flour- May		X	X		X		may contain	may contain	may contain	may contain	X	X

BROWN TOAST		WHEAT, BARLEY					X						X	
WHITE TOAST		WHEAT											X	
SOURDOUGH TOAST		Wheat		may			may		may		may	may		may
Marmalade														
Marmite	X	BARLEY, WHEAT, OAT RYE												
Jam														

DISHES														
Sides	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur
FRIES													X	
TRUFFLE FRIES				X			X						X	
CREAMY MASH	may contain	may contain					X		may contain	may contain	may contain	may contain	may contain	may contain
ASPARAGUS							X							
BREAD BOARD		WHEAT & RYE may contain barley & oats					X		may contain			X	may contain	X
SIDE OF BREAD		WHEAT & RYE					X		may contain				may contain	
MIXED SALAD									X					
WALNUT & STILTON SALAD		Barley					X		X	WALNUTS				X

SAUSAGE & CHIPS	may contain	WHEAT may contain other					may contain		may contain	may contain	may contain	may contain	X	X
SPAGHETTI BOLOGNESE	X	WHEAT may contain other		X			X		may contain	may contain	may contain	may contain	X	X
CHEESY PASTA	may contain	WHEAT		X			X		may contain	may contain	may contain	may contain	X	may contain
CHEESEBURGER	may	WHEAT may					X		may	may	may	may	X	may
Peas														
Baked Beans														

DISHES	#####													
<u>SUNDAY ROASTS</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxides
ROAST BEEF	X	WHEAT may contain other		X			X		may contain	may contain	may contain	may contain	X	X
ROAST PORK	X	WHEAT may contain other		X			X		may contain	may contain	may contain	may contain	X	X
ROAST CHICKEN	X	WHEAT may contain other		X			X		may contain	may contain	may contain	may contain	X	X
MUSHROOM PITHIVIER	X	WHEAT may contain other		X			X		may contain	may contain	may contain	may contain	X	X
BAKED CAULIFLOWER		WHEAT may contain other		may contain			X		X	may contain	may contain	may contain	X	may contain

PIGS IN BLANKET		WHEAT may contain other					may contain		may contain	may contain	may contain	may contain	X	X
STUFFING BALLS		WHEAT may contain other		X			may contain		may contain	may contain	may contain	may contain	X	may contain
YORKSHIRE PUDDING		WHEAT may contain other		X			X		may contain	may contain	may contain	may contain	X	may contain

DISHES														
<u>DESSERTS</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
PAVLOVA	may contain	may contain		X			X		may contain	PISTACHIOS & traces	may contain	may contain	may contain	X
CHOCOLATE BROWIE				X			X			may contain	may contain		X	
VEGAN BROWNIE				may contain			may contain			ALMOND & HAZELNUTS			X	
TIRIMASU		WHEAT		X			X		may contain	may contain almond,			may contain	X

STICKY TOFFEE	may contain	WHEAT may contain spelt &		X			X		may contain			may contain	may contain	may contain
CHEESEBOARD		WHEAT & BARLEY			may contain		X			may contain		X		
TOASTED TEACAKE		WHEAT					X			may contain	may contain	may contain	X	
CONE & CLOTTED CREAM	may contain	WHEAT		X			X		may contain	may contain	may contain	may contain	may contain	may contain
STRUDEL	may contain	WHEAT		may contain			X		may contain	may contain	may contain	may contain	may contain	X

DISHES														
<u>DESSERTS</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
AFFOGATO				X			X			HAZELNUT LIQUOR may contain	may contain		may contain	
VANILLA ICE CREAM				X			X			may contain	may contain		may contain	
CHOCOLATE ICE CREAM		may contain		X			X			may contain	may contain			
STRAWBERRY ICE CREAM				X			X			may contain				

[illegible]

