



BREAKFAST . LUNCH . DINNER . DRINKS

Allergen Information

Full allergen details for every dish on our October 2026 menu, across the 14 allergens listed by law.

ALLERGEN POLICY

Eating with an allergy or intolerance

If you suffer from an allergy, intolerance or Coeliac disease, please inform your server who will direct you to our allergen information, so that you can make an informed choice.

As required by law, we provide the full information on 14 listed allergens.

The tables below show where allergens are intentionally added to the food.

We have strict cross-contamination controls in our kitchen and a robust allergen control policy in place.

Our kitchens and bars are busy places, using shared equipment to prepare, store, and handle multiple allergens. Allergens like milk, soya, eggs, cereals containing gluten, mustard, celery, nuts, peanuts, sesame seeds, fish, crustaceans, molluscs and sulphur dioxide (SO₂) are also present in the supplier chain.

Despite best practice, the chance of cross-contamination remains, and we cannot guarantee that any of our dishes are free from allergens.

IMPORTANT

Most of our dishes contain Wiltons spices & seasoning. Their facilities handle, and may contain: Cereals containing gluten, peanuts, tree nuts, sesame seeds, soya, milk, mustard, celery, sulphur dioxide. This may not be noted in the tables below.

KEY ● Contains ○ May contain ⓘ For information

APPETISERS	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITES
Nocellara Olives														
Focaccia	○	● Wheat & gluten · may contain all other							○				○	○
Anchovies		● Wheat, rye · may contain all other			●		●							○
Edamame Beans												●	●	
BBQ Pork Bites	●	● Gluten · may contain all other		○	○		○		●	○	○	●	●	○

SMALL PLATES & SHARERS	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITES
Monkfish Gyozas	○	● Wheat flour · may contain all other	●	●	●		○		○	○	○	○	●	○
Scallops	○						●	●	○	○	○	○	●	●
Spinach Ravioli		●		●			●		●					
Tuna Tartare	○			●	●		●					●		
Gambas Pil Pil	○	● Wheat & rye · may contain all other	●				●		○	○	○	○	●	●
Beef Carpaccio							●		○	○	○	○	○	●
Calamari		●					●	●				●	●	
Watermelon Halloumi Salad	●						●			●				
Thai Platter	●	● Gluten, barley & wheat · may contain all other	●	○	●		○		●	● Cashews · may contain all other	●	●	●	●
Imperial Caviar		●			●		●							
Royal Oscietra Caviar		●			●		●							

MAINS	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITES
Fishcake	○	● Wheat – breadcrumb & plain flour · may contain all other	●	●	●		●		●			○	●	●
Fish Curry	○	○	●		●		○	●	●	○	○	○	●	●
Vegan Curry	○	○					○		○	○	○	○	●	●
Baby Back Ribs	○	○		●					●					●
Cobb Salad (no Dressing)	○	○		●			●							
Mojo Verde	○	○												
Caesar Dressing	○	○		●	●		●		●					
Fish & Chips	○	● Barley & wheat · may contain other		●	●		○		○	○	○	○	●	●
Cheeseburger	○	● Gluten & wheat · may contain rye, barley & oats		●			●		●	○	○	●	●	●
Burger Bun		● Gluten & wheat · may contain rye, barley & oats		●			●		○	○	○	●	○	○
Whole Sea Bream	●		●		●		●		●					
Chicken Skewer	○	● Durum wheat semolina · may contain all other		○			●		○	i Sumac – family with cashews & pistachios	○	○	●	●
Lamb	●						●					●	●	●
Sirloin Steak							●						●	
Fillet Steak							●						●	
+ Peppercorn sauce	○	○		○			●		○	○	○	○	●	●
+ Blue cheese sauce	○	○		○			●		○	○	○	○	●	●
Moules Marinière	○	○					●	●	○	○	○	○	●	●
Malay Mussels	○	○	●				○	●	○	○	○	○	●	●
Side of Bread		● Wheat & rye							○				○	

BAGUETTES	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITES
Baguette Bread		● Wheat & rye · may contain other							○				○	
Croque Monsieur	●	● Wheat, barley & rye · may contain other					●		●	○	○	○	●	○
Chicken & Chorizo	●	● Wheat & rye · may contain other		●	○		●		●	○	○	○	●	○
Tuna Melt		●		●	●		●		●				●	○
Halloumi Baguette		●					●		●				●	○
Chicken Wrap	●	● Wheat & rye		●			●		○	○	○	○	●	○
Vegan/ GF Roll							●				○			
Fries													●	
Mixed Salad									●				●	●

PIZZA	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITES
Pizza Base (without Cheese & Tomato)		● Wheat & gluten · may contain: barley, rye & oats							○				○	○
Non Gluten Pizza Base (without Cheese & Tomato)		○							●				●	○
Margherita		● Wheat & gluten · may contain: barley, rye & oats					●		○				○	○
London	○	● Wheat & gluten · may contain: barley, rye & oats					●		○	○	○	○	●	○
Beijing	○	● Wheat & gluten · may contain: barley, rye & oats					●		○	○	○	●	●	○
Rome	○	● Wheat & gluten · may contain: barley, rye & oats					●		○	○	○	○	○	●
Lyon	○	● Wheat & gluten · may contain: barley, rye & oats					●		○	○	○	○	○	●
Andratx	○	● Wheat & gluten · may contain: barley, rye & oats					●		○	○	○	○	●	○
Lisbon		● Wheat & gluten · may contain: barley, rye & oats	●				●		○				○	●
Napoli	○	● Wheat & gluten · may contain: barley, rye & oats					●		○				●	●
Santa Cruz	○	● Wheat & gluten · may contain: barley, rye & oats					●		●				●	●
Malibu	●	● Wheat & gluten · may contain: barley, rye & oats		●			●		●				●	●
Vegan Cheese		i Gluten free oat fibre												
Truffle Aioli dip	○	○		●			○		○	○	○	○	○	○
Garlic & Herb dip	○	○		●			●		○	○	○	○	○	○
Smoky BBQ dip	●			●	○		○		●	○	○	○	○	○
Chipotle dip	○	○		●			○		○	○	○	○	○	○

Please note our pizza bases, toppings and our non gluten pizza bases are prepared and cooked in the same area and pizza oven. Our kitchens are busy places where allergens are handled and sometimes we have to share the equipment too. Therefore, despite the best practices, the chance of the cross-contamination remains and we cannot guarantee that any of our dishes are free from allergens.

BREAKFAST EXTRAS	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITES
Fried Eggs				●									●	
Poached Egg				●										●
Scrambled Eggs	○	○		●			●		○	○	○	○	○	○
Vegan Sausage													●	
Pork Sausage	○	● Wheat · may contain all other					○		○	○	○	○	●	●
Smoked Bacon														
Mushroom	○	○					○		○	○	○	○	●	○
Plum Tomatoes	○	○					○		○	○	○	○	●	○
Heinz Baked Beans														
Hash Brown													●	
Feta							●							
Spinach	○	○					○		○	○	○	○	●	○
Smoked Salmon					●									
Black Pudding	●	● Wheat											●	
Netherend Farm Butter portion							●							
Flora Plant Based portion							○							

BREAKFAST	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITES
Full English with Fried Eggs	○	● Wheat · may contain all other		●			●		○	○	○	○	●	●
Vegan Full English	○	● Wheat · may contain all other		○			○		○	○	○	○	●	○
Champions Eggs	○	● Wheat · may contain all other		●			○		○		○	○	●	●
Eggs Benedict	○	● Wheat — (<20ppm barley in hollandaise) · may contain all other		●			●		○	○	○	○	●	●
Steak & Eggs	○	○		●					○	○	○	○	●	○
Shakshuka	○	○					●		○	○	○	○	●	●
NYC Pancakes	○	● Wheat · may contain all other		●			●		○	○	○	○	●	○
Pancakes & Syrup		● Wheat · may contain all other		●			●			○ Nuts, almonds, hazelnuts			●	●
Non Gluten Pancakes				●										
Ham/cheese Croissant		● Wheat · may contain all other		●			●			○		○	○	
Breakfast Bap	○	● Wheat · may contain barley		●			○		○	○	○	○	●	●
Floured Bun		● Wheat · may contain barley					○					○	●	○
Açaí Bowl	○	● Oats, wheat, barley · may contain other		○			●		○	● Almonds · may contain other	○	○	○	○
Avocado Date Smoothie							●		○	● Almonds · may contain other	○	○	○	○
Açaí Smoothie							●							
Porridge	○	● Oat gluten · may contain other					●		○	● Almonds · may contain other	○	○	○	○
BA Omelette	○	○		●			●		○	○	○	○	●	○
Fishcake	○	● Wheat — breadcrumb & plain flour · may contain all other		●	●		●		○	○	○	○	●	●
Brown Toast		● Wheat, barley					●						●	
White Toast		● Wheat											●	
Sourdough Toast		● Wheat		○			○		○		○	○		○
Marmalade														
Marmite	●	● Barley, wheat, oat, rye												
Jam														

SIDES	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITES
Fries													●	
Sweet Potato Fries		●		●									●	
Truffle Fries				●			●						●	
Dauphinoise Potatoes							●							
Creamy Mash	○	○					●		○	○	○	○	○	○
Charred Tenderstem												●	●	
Bread Board		● Wheat & rye · may contain barley & oats					●		○			●	○	●
Side of Bread		● Wheat & rye					●		○				○	
Mixed Salad									●					
Walnut & Stilton Salad		● Barley					●		●	● Walnuts				●
Mini Caesar	○	○		●	●	●			○	○	○	○	●	○
Fennel Salad	●								●					○

KIDS	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITES
Margherita		● Wheat & gluten · may contain: barley, rye & oats					●		○				○	○
Ham topping										○	○			
Pepperoni topping														
Fish & Chips	○	● Barley & wheat · may contain other		●	●		○		○	○	○	○	●	●
Chicken Goujons	●	● Wheat											●	
Sausage & Chips	○	● Wheat · may contain other					○		○	○	○	○	●	●
Spaghetti Bolognese	●	● Wheat · may contain other		●			●		○	○	○	○	●	●
Cheesy Pasta	○	● Wheat		●			●		○	○	○	○	●	○
Cheeseburger	○	● Wheat · may contain other					●		○	○	○	○	●	○
Peas														
Baked Beans														

DESSERTS	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITES
Banoffee Pavlova				●			●						●	●
Bread and Butter Pudding		●		●			●			●	●			●
Chocolate Brownie				●			●			○	○		●	
Vegan Brownie				○			○			● Almond & hazelnuts			●	
Tiramisu		● Wheat		●			●		○	○ Almond, hazelnut, pistachio			○	●
Sticky Toffee	○	● Wheat · may contain spelt & barley		●			●		○			○	○	○
Cheeseboard		● Wheat & barley			○		●			○		●		
Toasted Teacake		● Wheat					●			○	○	○	●	
Scone & Clotted Cream	○	● Wheat		●			●		○	○	○	○	○	○
Strudel	○	● Wheat		○			●		○	○	○	○	○	●
Affogato				●			●			● Hazelnut liqueur	○		○	
Vanilla Ice Cream				●			●			○	○		○	
Chocolate Ice Cream		○		●			●			○	○			
Strawberry Ice Cream				●			●			○				
Pistachio Ice Cream		○		●			●			● Pistachio & traces of other	○			
Caramelita		● Wheat		●			●			○				
Vegan Vanilla														
Blood Orange Sorbet														
Raspberry Sorbet														

Please speak to your server before ordering if you have any allergy or intolerance.

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